Boarding School Food. In The Martian, Do Maurier tells of the sort of food supplied at French boarding schools, and by no means overrates its superior excellence. In no When the young morning, keenly sweet, other country outside of France does | Breatness section to other country outside of France does | Bappy is he whose lingering feet the nutrition of growing youth receive higher consideration. If the meals served at schools there be compared with those given at similar institutions in England, the merit of the French system will be apparent. The simple first breakfast of coffee and rolls, the Poor ghosts, who found this garden dear second consisting of hors d'œuvres, a dish of meat or fish, one vegetable, salad and a sweet, and the dinner at 6 o'clock of similar composition, with the addition of soup, supply just what is needed to encourage me al effort and satisfy physical well being In

England an entir-ly different system is in vogue. Brenkfast at an English boarding school is a substantial meal, served at 7 o'clock. In most coses it consists of fish, ham or bacon, eggs and porridge three or four times a week, with plenty of milk and sugar. Dinner at I o'clock is a most solid repast, lacking, however, in a sufficiency of green vegetables. Supper at 6 o'clock is mainly farinaceous. It consists of tea, bread and butter! Dr. Savory, medical officer of Haileybury college, in England, in a paper treating of this subject, says that it is the complaint of English teachers that the work done by schoolboys after dinner is not of much use.

The doctor thinks that it is unfortunate that they cannot have a half holiday every day to digest their dinner. He would also allow a glass of mild . beer. He found that about one boy in four drank two glasses of it in summer. He thinks 'it unwise to absolutely forbid alcohol, as a boy always craves that which is forbidden. At French boarding schools the pupils drink light claret mixed with water at every meal except the first, breakfast. The nutrition of French schoolboys is thoroughly adapted to their habits and environment. The English in feeding theirs believe in bulk in food as more conducive to digestion and the demands of intense muscular effort exapted by the athletic exercises in which they indulge. - New York San.

do with the molding of the literature and art of their day as George Du Manrier and William Morris. Do Maurier, the elder of the two, was born exactly and he died but four days after him; so ception of less than three weeks, both on a conversation in the Morse alphabet | copyist." being born in March, 1834, and dying with the operator at headquarters on in October, 1896. Similarly, both Sir this key and sounder.

John Millais and the archbeshop of Canterbury, who have died within a month or two of each other, were born in 1829. It is one of the most striking events in the long history of the arch-bishops of Canterbury that the late archbishop, who was one of Mr. Gladstone's appointments and afterward diverged from him in political opinious, should have been stricken while sitting in the squire's pew of his old friend at Hawarden. It is a most merciful thing that Mr. Gladstone did not happen to be in church. To a man of his years the shock must have been most dangerous. What an archbishop of Canterbury Mr. Gladstone would have made himself! He would have rivaled even Dunstan or Becket and not improbably proved the greatest prelate of them all .- New Orleans Times-Democrat.

Care For Your Shoes. Never try to wear a shoe too small or that does not fit when you first put it on. There is no misery more nearly distracting than a shoe that hurts the foot. Never let your shoes get hard and dry. Don't let them run over. Don't let the heels run down. Don't dry a wet shoe till you have rubbed it well with a flannel cloth and then with vaseline. Never put near the stove. Half a peck of oats, kept in a small box, will be the very cheapest and best foot form for a wet down, after having rubbed and oiled it, and set in a dry place to dry gradually, When dry, pour the oats back for further use. Do not 'black upon blacking' more than a week at a time. Take a wet rag and wash the shoe at least once a week and oil overnight to keep in good condition. Never handle patent leather until you have warmed it. Never wear rubbers with good shoes. Put on old shoes in wet weather. There is no part of the apparel of a lady or a gentleman which should be more scrupulously neat or that is so often scandalonsly neglected.

He Was Anxious. "Your wife's just met with an accident, Wilkins," said a man who rushed

into the grocery. "She ran over a dog while riding her bicycle, and they've carried her to the hospital. The man sitting on the cracker barrel rose to his feet excitedly, and his face

"Did you notice," he asked in a trembling voice, "whether it was a liver colored dog, with two white spots on | these anonymous letters, "said the head his fore shoulder, or not?"-Detroit Free of the firm.

Beards.

The plays, poems and treatises of the reigns of Elizabeth, James I and Charles I are full of amusing allusions to the variety of fashions in beards. We learn from them the various styles that were adopted by different wearers, such as the French, Spanish, Dutch and Italian cuts, the new, old, gentlemen's, common, court and country cuts.

When, I write a poem, I am so excited, so carried away from the world, that I seem a stranger to myself. - Johanna

'In England there are 114 widows to every 54 widowers.

JOHN G. KEYLER & SON Bloomfield Avenue, DEALERS IN

FURNITU LE.

Of Every Description. Parlor and Chamber Suits, Bureaus,

Bedsteads, Sofas, Lounges, What Nots, Book-Shelves and Cases, Brackets, Looking Glasses, Etc. OIL CLOTH, CARPET LINING, MATTING

Mattresses and Spring Beds ALWAYS ON HAND. # Upholstering and Repair ng

done with neatness. of feeted by heat. By Get the Genuine.

NEW COLLEGE GARDENS, OXFORD.

On this old lawn, where lost hours pass Where autumn on the thick weet grass Has laid a weary leaf or two, May wander lonely there.

The magic of the quiet hours, Breathe unheard tales of other times And other destinies than ours. The feet that long ago walked here Still, noiseless, walk beside our feet, And found the morning sweet.

Age weeps that it no more may hold The heartache that youth clasps so close, Pain finely shaped in pleasure's mold, Here is the immortal thorny rose That may in no new garden grow-

Its root is in the hearts of those
Who walked here long ago! -E. Nesbit. FIRE ALARM BOXES

Case of Fire. Charles T. Hill contributes an article

which have fallen apart because progentitled "An Alarm of Fire by Teleress has been found to be impossible on graph" to St. Nicholas, describing the fire alarm system of New York. Con-cerning the fire alarm boxes Mr. Hill writes: This box forms part of a lamppost, the post being so constructed that the box is inserted in the middle. The box is painted a bright red, and the lamp at night shows a red light, thus making it easily discernible either by day or night. The wires from the box are conveyed down through the center of the post to conduits buried in the street and theree on to fire headquarters. White letters on a red pane of glass, in the famp over the box, give directions how to send an alarm. The same directions in raised letters are found on the face of the box. If we turn the large brass handle on the outside as far as it will go, a lond gong will ring inside, as it flowered in the ages of Pericles and Augustus.—Henry Van Brunt in Atwarning bell to notify the policeman on the beat that the box is being opened and to prevent the sending in of malicious or false alarms of fire, an offense that is punishable in New York state | One Plece of Architecture That Is Fa by a fine of \$100 and one year's imprisonment.' Turning this handle as far as it will go opens the outer door, and we ity about him, which made his unfavorfind inside another door, with a slot at able comments on the things brought to One of the most extraordinary paral-lels in chronology is, the almost exact this hook once and releasing it we set show him the city in such a manner as CHAS. J. MURRAY at work certain clockwork mechanism to leave a good impression, for he had

enforcements, he opens this inner door he liked better. and with the Morse key sends in a second, third, fearth, fifth or sixth alarm,

The invisible radiations from a heated

tain/chemical decompositions much after | nence for its achievements, either artisthe manner of lights, as, for instance, in photography. Among the substances sensitive to weak radiations of heat may of our own?" be mentioned paper saturated with cupric bromide, or a mixture of sulphate of copper and potassium bromide; which has a faint greenish tint that becomes olive brown in radiant heat, and, if becomes black by reason of the reduction of the silver. Bichromated paper is affected by radiant heat, as by light, and paper impregnated simply with sulphate of copper yields a feeble image, which becomes nearly black when treated with ground clear up to the topmost molecule silver nitrate. A mixture of sulphate of the lightning rod."—Washington copper and oxalic acid gives a paper Star .-which becomes brown on exposure. Chlorate of copper is also very sensitive, the faint blue color becoming a deep green. Similarly used bromide of tin behaves as if exposed to light, but unex-posed parts become very black when treated with silver nitrate. Nitrate of silver, which is markedly acted upon by

light, is slightly browned when exposed to heat radiation, and the tint is deepshoe. Fill the shoe and shake the oats | ened by hydroquinone or gallic acid. St. Louis Globe Democrat. Making Marbles. Marbles are manufactured from the nese in orchard work induced the labor material which gives them their name. | burean recently to make an investiga-At the marble quarries the refuse stone | tion. They found that the Japanese is broken by hand into small cubes. A worked under a co-operative plan and bushel or more of these is poured into a that by this means they were able to great revolving cylinder, which is supplied with water from a faucet. The plied with water from a faucet. The cylinder is revolved at a high rate of gaged in house cleaning, dividing the speed, and the cubes, by attrition, are profits among their members. The Japground down to the tiny spheres which anese are doing a large trade in San give such delight to the hearts of the Francisco in bamboo ware and matting, boys. From one to two hours are usu- which are used mainly for decoration of

and flowers are molded. Charitable Theory. "I'd like to know who is sending me "And fwat's that?" asked the porter. | tion also, the bank has another lady di-

'A letter without any signature, of course. This makes the third one I have received in two weeks." "Perhaps," said Mike, "perhaps the poor man cannot write his name at all." -Detroit Free Press.

A little grammar found in an old garret at Portland, N. H., has illustrations of the rules as follows: The active passive and neuter verbs are represented by the picture of a father whipping his little boy. The father is active, the boy is passive and the mother sitting by herself on a stool looking on Lut doing

GUSTAV BRUETT. Plain and Ornamental;

nothing, is neuter.

Gardener. BLOOMFIELD, N. J. rounds Laid Out, Grading, Draining, Building

Odorless Excavating. ESTIMATES FURNISHED ON . SPI JUATION

---- coccoccoccoccocco

ARCHITECTURAL ART.

Ninetecuth Century Experiments and Revivals Which Have Been Fruitless. The best that can be said of the archi secture of the nineteenth century is that it has been an architecture of exceptionally learned, ingenious and accomplished individualities. It has been an art of experiments which have failed and of revivals, which have been fruitless. These individualities, with their con-sciousness highly educated and trained, have been embarrassed rather than aided by their knowledge of the great achieve ments of the past. It does not seem to have occurred to them to appeal to the sympathies of the people by uttering their inspirations in the vulgar tongue, but they have labored with immense alent and ingenuity to interpret and apply dead languages. Their efforts have been reminiscent, excursive and experimental. The architects have analyzed, theorized, disputed and argued. They have formed schools conserving

merely archæological lines. Many of the individualities developed under these conditions have been brilliant and powerful and have had a great following of lesser men. As the century alities have been inspired by nobler and loftier motives. The architecture of the century, because it has been nourished in the same soil that produced the electric telegraph, the telephone and all the other triumphs of industrial art, has exhibited a certain sporadic vitality, has occasionally thrown out mighty branches full of the possibilities of a great fruition, but because it has not enjoyed the advantage of concentrated effort it has not flowered as it flowered in the thirteenth and sixteenth centuries, still less

classic or romantic traditions schools

OUR OWN MAKE.

Above Comparative Criticism. There was an air of tolerant superior when the first officer arriving at a book as soon as he got back to London. portance to warrant his sending for re- bring to mind something in Europe that

"Very good," he remarked as one of the department buildings was brought that these two great men, who lived as the case may be, or a call for any to his attention. "Very good in its more than 62 years, were on the earth special apparatus that he may need, way. But it has the defects which alfor exactly the same time, with the ex- The inspectors of boxes can also carry | ways result from the efforts of a mere "We are inclined to regard that as a

very handsome building," said his en-"No doubt. And it does well enough. Yours is a young nation-one that canbody possess the power of effecting cer- not be expected to hold any great emi-

tic or political." "That expresses the idea." "You come with me. I'll show you a style of architecture that reflects the national spirit of this country, something that's our own design and that green is used, a brown image can be obtained in a minute by exposing to the nents. There it is—the Washington radiations from a gas stove, and on monument. One look at it tells the treatment with silver nitrate this image | whole story, and it doesn't need any the corners to make people admire it

> The Japanese In California. Every month sees more Japanese arrive, and a larger percentage of them are common laborers, who enter the hop yards, orchards and sugar beet fields of California. In fruit packing they have crowded out white men and women. They are as quick as women and girls in handling fruit and are more accurate and steadily industrious. They practically monopolize the industry of beet pulling on the large ranches devoted to the sugar beet. Complaints of the rapid displacement of white laborers by Japa-

ty-fourth consecutive time been chosen to the position of cashier in the First National bank of Hungtington, Ind. In the 23 years Mrs. Dick has capably filled the office she has lost but two days' time on account of illness. Besides Mrs. Dick, who is a director of the instituyears has filled the position, taking an active interest in the affairs of the con-

cern, which has \$200,000 deposits and a capital of \$100,000. Tops are cut from pieces of box, ebony or other hard wood by a turning machine. The machine is automatic and turns the top complete from the handle at the upper end to the tip. The metal point is afterward put in by hand.

Watches were first called Nuremburg eggs. Some of them were 5 or 6 inches in diameter, as large as the small sized cheap clocks now exhibited in store windows. They were first made in 1447.



They who ride must see the road. The Pathlight makes bright the way. All dealers sell it. The Place & Terry Mfg. Co., 247 Centre St., N.Y. \*\*\*\*\*

A SPECIFIC La Grippe, for Colds, Coughs AND LUNG TROUBLES, AYER'S CHERRY PECTORAL

"Two years ago, I had the grippe, and it left me with a cough which gave me no rest night or day. My family physician prescribed for me, changing the medicine as often as he found the things I had taken were not helping



me, but, in spite of his attendance, I got no better. Finally, my husband,-reading one day of a gentleman who had had the grippe and was cured by taking Ayer's Cherry Pectoral,-procured, for me, a bottle of this medicine, and before I had taken half of it, I was cured. I have used the Pectoral for my children and in my family, whenever we have needed it, and have found it a specific for colds, coughs, and lung troubles."-EMILY WOOD, North St., Elkton, Md.

Ayer's Cherry Pectoral Highest Honors at World's Fair. Cleanse the System with Aver's Sarsaparille

DEALER IN

fire discovers that it is of enough im- But whatever he saw served only to Pine. Spruce & Hemlock Lumber. Spinges, Turned Posts, Pickets, Walnut S. Crossing, NY & G L Ry

Have your Electrical Work and Repairing done by

AUGUST F. OLSEN

ELECTRICIAN "You mean that we haven't any style | Supt. Bloomfield Fire Alarm System Orders left at the Universal Shoe Store, 310 Glenwood Ave., will receive grompt attention.

ELECTRIC LIGHTING A SPECIALTY Estimates for electric wiring and lighting

W. KOPPEL Merchant Tailor,

Imported and Domestic Woolens ALWAYS ON HAND BICYCLE SUITS MADE TO ORDER From \$6 upward.

Cleaning and Repairing Neatly Done ALL GOODS CALLED FOR & DELIVERED ALSO FULL LINE OF Gents' Furnishing Goods

30 BROAD STREET, Next to P. O. BLOOMFIELD, N. J.

Social Progress.
EDITED BY FREDERICK UPHAM ADAMS. ally required to finish a lot of marbles, and they are afterward sorted according to size and painted by hand. The crockery marbles, or potteries, are molded of the same material as ordinary earthenware, and are then glazed and baken.

The glass marbles containing images

which are used mainly for decoration of rooms. They have cut into the Chinese trade in curios and embroidered silk garments.—Chautauquan.

The world is on the threshold of vast social changes. Progress to about to sunder the chains which have bound it. The next forward step will be just that which the average intelligence of a nation makes possible. Revolutions are the pulse beats of progress. The coming revolutions are the pulse beats of progress. The coming revolutions are the pulse be ANNUAL SUBSCRIPTION \$1.00: SINGLE COPIES 10 CENTS. WANTED the address of every active re
former. We have thousands of
pamphiets on free silver, direct legislation
government banks, etc., for distribution. San
ple package mailed for six cents.

> LARKIN BROS. Estimates given at short notice.

CHARLES H. KERR & CO., Pubs.,

Office and Shop: 25 Herman Street. GLEN RIDGE, N. J. JOBBING PROMPTLY ATTENDED TO Plans and Specifications Drawn

> Martin J. Callahan. CONTRACTOR. lagging, Curbing and Paying. A supply of Door-stepe, Window sills and Caps, and Cellar Steps co. stantly on hand; STONE YARD : ON GLENWOOD

Cure DYSPEPSIA, HEADACHE.

It Pays to Advertise

The Record.

Because it is an Up-to-date Paper. because it is the oldest established and best advertising medium covering the Town of Bloomfield and Borough of Glen Ridge.

Advertisers should Read the following Points on Bloomfield Advertising by Charles Austin Bates:

> The best paper in a community always brings ample returns to its advertisers. The best paper covers the cream of the trade in any section. Put your ad in the best paper, and then watch the paper and the ad. Have a system of checking the returns received, and be very sure of this much: If the ad dosen't pay, the fault is in the ad or the goods or the store -not in the paper

I believe that the standing of the paper reflects on the advertisements it carries. There is another thought which never occurred to me, but which was conveyed in a remark recently made to me by an advertising manager. He said: "A sleepy paper gathers a sleepy constituency. An alert, wide-awake, progressive sheet gets readers who like that sort of thing-or lifts them to its level."

The newspaper goes right into its reader's house-goes in and sits down with him. It is on the table when he eats, and in his hands while he is smoking after the meal. It reaches him when he is in an approachable

That's the time to tell him about your business-clearly, plainly, convincingly-as one man talks to an-

The first insertion of, an advertisment very seldom pays. That is to say-if you have never advertised before in a certain paper, it will take some little time for its readers to get acquainted with you, and until they do, don't expect much return. There are occasional exceptions, of course, but they are few and far between. It is the systematic, persistent effort that pays in advertising as in everything else. In taking medicine the regularity of the dose is almost as

important as the drug itself. For that reason the columns of the newspaper offer the very best medium for business announcements.

For that reason, programmes and wall hangers and schemes of all sorts, from an industrial write-up of the town to a picture card, are never effective. It may be well enough to indulge in a pretty novelty occasionally, if you are using all the space you need in the papers.

I have been a publisher of programmes and of other "schemes"-I have advertised in them, and in my experience on both sides of the fence I have never heard or known of a single advertisement in a medium(?) of that kind that paid.

The newspaper goes into the house bristling with intelligence, brimful of the news of the world, sparkling with the daily doings of the community If its advertisers are awake to their opportunities, it contains businessr news of value to every reader, for it pays to read advertisments. Save money on your advertising if

you can, of course, but save it in the right way. Cut off little leaks-the programmes, the bills of fare, the directories, the wall charts, the pages in "souvenirs." Cut them all off, and and your trade won't ever feel the difference. Out off the inconsequential papers, if you have to, but always keep your ad in your best papers big enough to do you justice. It is better to convince a few people than to talk to many.

Membership in churches and clubs and societies, the giving of social entertainments, public charity--all these things and more are advertising, but greater and broader and better and easier than all these is newspaper advertising. You may think of that without thinking of the other plans, but no scheme of publicity is complete without the newspaper.



Plenty Of It.

coal is, the more free-burning it is coal because we take more pains

## Martin Hummel & Son.,

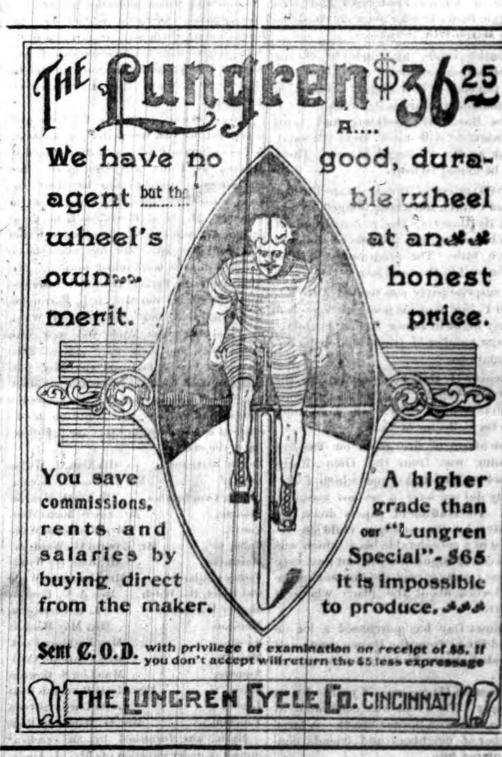
Yard, 361 BROAD STREET.

Foot of Incline Plane BLOOMFIELD, N. J

> STABLES, K BLOOMFIELD, N. J 33-35 Wahington Ave.

> Coaches and Coupes: of the latter, one light, elegant and not surpassed by any for family service. Pianos and furniture moved by men familiar with the work. Horses boarded and best of care with free veterinary service guaranteed. Express or truck rented by the hour or - TELEPHONE 120.

W. F. HARRISON, D. V. S. Manager.





FOUR ELEGANT MODELS,

\$85.00 AND \$100.00. ART CATALOGUE FREE

CENTRAL CYCLE MFG. CO., Indianapolis, Ind.



VOL. XVII. SERIES NO

Cured His Hendache

Talking about curea reminds me there's nothing like a shock to cure a fiveheadache," commented the man from tory southern Missouri. "Pwas once driving he home on my male over the steep path on a divide and was suffering with a headache that wall nigh drove me crany. I had been working hard, and my head thumped and thumped like as if it or might split any minute. I wasn't con m scious of anything in particular except to that bussing, throbbing head of mine, when the path led to a secluded place T where the water had washed out a piece

of ground. "Saddenly two min sprang out. One of them grabbed the male, and the other presented a six shooter at my head. It M was done so quick that I gazed at them stupidlike.

'Fork out that 66 you got for stock!' said-one of the men. "I had brought some stuff into town and had six big-dollars on my person. As money was source, it flashed through my mind that it megit to lose them, and, quicker'n I can take to tell it, I jo slashed to the right with the battef my heavy whip and then alkahed to the left. I struck them both, and the mule sprang

"They didn't follow, and I was mighty glad of it. When I hell gotton as piece, it saddenly over red to no that he the headache had all alf appeared. Not a trace of it. I struck my forehead; hend was clear as a bell; shock buddersen fellows over the head; perhaps I trans mitted the pain to them. A more feasible sheery probably is that a sadden at shock will drive away a headache."-Detroit Free Press.

Appearances.

elathes, but society reckess a man part ly-by his outside fixings. A business may be a business with out any advertising to it, but the hamutable law of custom, before which then and nations rise or fall, has written in letters of unquenchable fire that men must advertise and that by their advertising so shall they be judged. Until those words of fire can be quenched no man have right to practice or to preach an inderbual doctrine op-

posed to the rule of custom. -I will admit that the advertisement never brought a reply or never created curiodty, and yet I am willing to stake my reputation upon the assertion that if the value of advertising was limited to the appearance of advertising that advertising would be necessary to proper conduct of successful business. The man who advertises stands before the public in the full, legitimate and dignified pronifnence of one who is proud of his business, has a right to be proud of it, is doing a lot of it and wants to do more of it, and he is the kind of man that everybody wants to do business with, for just so long as the moth will be attracted by the candlelight, so long will trade swarm around the advertis

ing light of business. - Hardware. faved by One Chance In Ten Million. The accidents that astonish railroad men are those that happen without burt ing anybody. Such a mishap occurred to the Lake Shore flier from Clevelancoming into Chicago one Saturda morning. A steel tire slipped from on of the driving whoels of the engine with the train going at full speed. This was extraordinary, but that it should slip off the wheel over the connecting rod and fall clear of the track instead of wrecking the train was simply mira

The driving wheel revolves, say, for times every second, covering that same second 80 feet of the rail. Fracture th tire with its deep inner flange, made keep it on the rail, and try, with the big connecting rod rising and falling two feet every quarter of a second as ond, to make the tire fall off the whe and over the connecting rod so it sh: drop clear of the wheel, the rod, t rail and the train. This could not happen once in 1 000,000 times. Yet on the Lake Shr

very thing, and the passengers, insus of being smashed up in a wreck, maveled over the remarkable occurrence Sure Cure, 15-7 "John," said Mrs. Smythe, with nuxious touch in-her veice; "I am w ried to death about Gladys. You kn the child is not 15, and the way sh beginning to lace is dreadful. Ev change that comes she draws in the sta and winker a timy want for herse I could put my two hands around."

flier coming into Chiergo it cld th

"What did you say to her about it asked Gladys' papa, yawning.
"Bay to her? Why, I told her she was injuring her constitution forming ber figure, laying up life misery and probable surgical treat and everything I could think of." Gladys' papa laughed. "You about it the wrong way, my dear, remarked. "Just leave out II about deformity and constitut on surgery, etc., and tell her that she growing a red nose. That will feach See if it doesn't."-Philadelphia P

Famone King Og. Og, the famous king of Bushan, tioned in Deuteronomy, had a bed-9 cubits long, or about 1654 feet. doubtful whother Og himself was a full length of his bedstead. Many of reputed giants have been four different countries of the world, and informed people hastily concluded the men to whom these bones were posed to have belonged must have from 15 to 50 feet in beight. All remains have been proved to be the the gigantic culmaks existing in mer era of the world's history.

ammeritues. Movembays when a man wrong he blames either his onviron efremovinces, or his grandmoth Botten limbe FoundL

Call and see our new Store Broad St., opposits Town Hall Coccession & St.

THE PERSON WORLD LANGE